

## **RSHE policy**

### **Dale Hall Community Primary School**

**This policy should be carried out in the context of and in conjunction with Dale Hall CP School's Safeguarding Policy.**

The policy has been written in line with legal requirements, national strategies and Government guidance .

- Education Act 1996.
- Sexual Health and Wellbeing Action Plan, 2010 -2015.
- Guidance on sex and relationships education (RSE) in schools.
- The requirements of the Personal and Social Education Framework for 7 to 19-year-olds.

#### **Rationale**

At Dale Hall we value that young people are growing up in an increasingly complex world. This presents many positive and exciting opportunities, but also many challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal, emotional, moral and social lives in a positive way. At Dale Hall we work hard to provide a framework in which sensitive discussions can take place.

This policy has been written in consultation with pupils, staff and parents and will outline our relationship, health and sex education (RSHE) curriculum and how it is delivered at Dale Hall.

#### **Aims**

##### **At Dale Hall RSHE combines**

- RSE- Relationships and sex education
- PSHE- personal, social, health and economic (PSHE) education curriculum.
- Science- Biological aspects are taught within the Science curriculum
- RE- other aspects are included in religious education (RE).

As a school our RSHE programme focuses on giving our pupils the information they need to help them develop healthy, nurturing relationships at all stages of their life. Relationships may include

- Families, platonic relationships, professional relationships, online and media and intimate/sexual relationships

**The aims of RSHE at our school are to:**

- To support all young people to stay safe and prepare for life in modern Britain.
- To help students develop feelings of self-respect, confidence and empathy.
- To support pupils to understand that respect is required in healthy relationships.
- To create a positive culture around issues of sexuality and relationships and enable our students to better understand the nature of relationships.
- To support pupils be able to recognise when something is risky or unsafe.
- To know about the risks of being online and how to stay safe.
- To teach students the correct vocabulary to describe themselves and their bodies.
- To prepare students for puberty and give them an understanding of sexual development and the importance of health and hygiene. Whilst also preparing students for the changes that occur to their bodies, minds and emotions.
- To know and understand about human reproduction, whilst using the correct terminology to describe male and female reproductive organs.
- To know where and how to seek information and advice when they need help.

**The management and organisation of RSHE****The Headteacher/Deputy Headteacher will:**

- Oversee the overall implementation of this policy
- Ensure staff are suitably trained to deliver the subject and identify any professional development needs of staff.
- Ensure that parents are fully informed of this policy
- Review requests from parents to withdraw their children
- Report to the governing board on the effectiveness of this policy

**Governors at Dale Hall will:**

- Monitor the leadership of RSHE to ensure that the curriculum is well led, effectively managed and well planned so that all pupils make progress in achieving the expected educational outcomes
- Ensure the curriculum is delivered in ways that are accessible to all pupils with SEND
- Ensure that clear information is provided for parents on subject content and their rights to request that their children are withdrawn.
- Ensure that the school is fulfilling its legal obligations

**Class teachers at Dale Hall will:**

- Deliver a high-quality and age-appropriate curriculum in line with the Dale Hall skills/knowledge overview and statutory requirements
- Use a variety of teaching methods and resources to provide an engaging curriculum that meets the needs of all pupils
- Ensure they do not express personal views or beliefs when delivering the programme
- Model positive attitudes to relationships, health and sex education.
- Ensure that the perspectives of learners from different cultural and religious backgrounds are addressed.
- Report any safeguarding concerns in line with the Safeguarding and Child Protection policy

**Parents/carers at Dale Hall will:**

- Support school staff to shape the curriculum for relationships, health and sex education
- Communicate openly and constructively with school staff regarding relationships, health and sex education
- Model positive attitudes to relationships, health and sex education.
- Attend, or contribute to, any consultation or information sessions regarding the delivery of relationships, health and sex education
- Support their child by having open and honest follow up conversations at home as necessary

**The content and delivery of the RSHE programme**

- The Dale Hall skills and knowledge overview sets out the content of the RSHE programme for each year group. This document shows the continuity and progression within and across Key Stages. This document is reviewed regularly and will be updated with resources as they become available.
- Some RSHE lesson will be taught as discrete lessons and others may be delivered in a more cross curricular way. All Sex education lesson in Year 5 and 6 will be taught to split gender groups.

## **Parent involvement**

### **Right to withdraw**

- Some parts of RSHE are compulsory - these are part of the National Curriculum for Science and the statutory framework for RSHE. However parents have the right to request that their child is withdrawn from some or all of sex education delivered as part of statutory RSHE. At Dale Hall we feel strongly that all pupils should have access to this important unit of learning and we believe that it is hugely important that all young people have a place to discuss, learn, check facts and dispel myths.
- Any withdrawal requests must be put in writing. Before granting withdrawal requests, a meeting would be needed with the Headteacher.

### **Parent voice**

- As part of writing this policy parents from the whole school were invited to join an RSHE working group. The members of this group attended a meeting with the Deputy Headteacher and discussed at depth what they felt should be included in the policy and what should be a priority in our Dale Hall curriculum.

### **Key priorities as identified by parent working group**

- Life readiness, respectful relationships, mental health, boundaries, online safety, bereavement, dispelling myths and stereotypes and correct use of scientific vocabulary

## **Pupil voice**

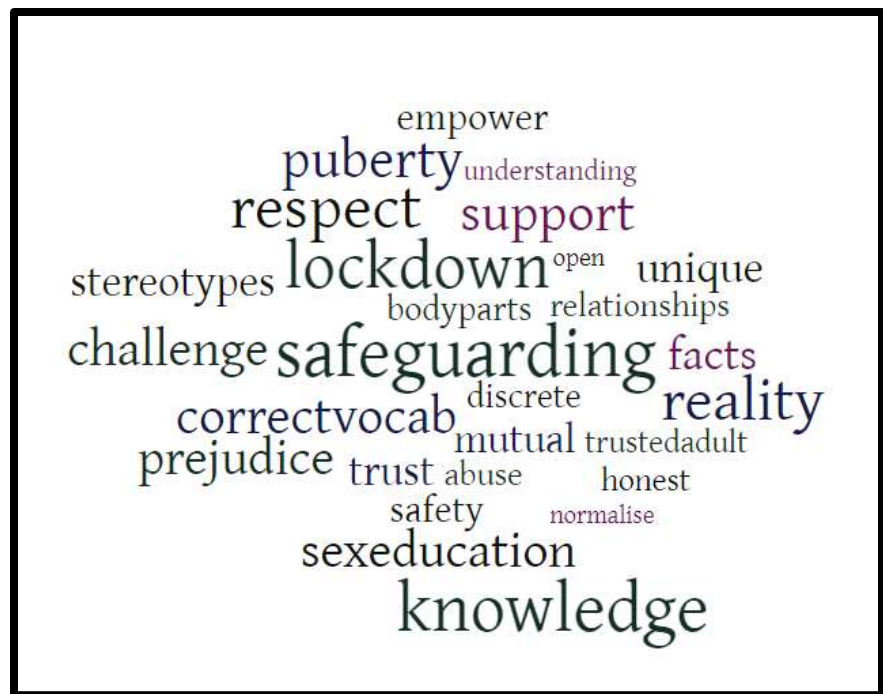
Pupils were consulted on what they thought it was important for children to know about relationships. When asked questions about what makes a respectful relationship, the words below were the ones most commonly used by pupils.

Pupils felt strongly that all year groups should have RSHE lessons and that it was important for everyone to feel safe to share their ideas, thoughts and questions in a confidential way.



### **Staff voice**

Staff were consulted at regular stages during the process of writing this policy and personalising our curriculum. In our initial staff training teachers were asked about to generate things they thought were integral to the teaching of RSHE.



**The policy should be cross-referenced to these related policies:**

Confidentiality.

Personal and social education (PSE).

Safeguarding/child protection.

Anti-bullying (including procedures for dealing with homophobic bullying).

Equality and diversity.

### **Document History**

Date	Description
16 <sup>th</sup> June 2021	Policy agreed at Learning and Development committee